



LIVE LESSON FEELINGS



CONTENTS

1. Warm up
2. Useful Phrases
3. Listening
4. Feelings
5. Idioms
6. IELTS Model Answer
7. Game of Kahoot
8. Song

Warm Up

Feelings: Adjectives

Match the feeling to the picture

1. Happy
2. Worried
3. Sad
4. Cross
5. Nervous
6. Astonished



Answers at end of PDF

Synonyms + Extreme Adjectives

1. Happy, content, pleased, **delighted, elated, thrilled**
2. Worried, concerned, apprehensive
3. Sad, down, blue
4. Angry (at/with), annoyed (at/with), cross, **furious, irate**
5. Nervous, uneasy (=not at ease), anxious
6. Surprised, **amazed, astonished**

Extreme Adjective Phrases

Fill in the gaps

1. I'm very happy = I'm thrilled to _____
2. I'm very worried = I'm worried _____
3. I'm very sad = I'm down in the _____
4. He was very angry = He lost his _____
5. She is very nervous = She is on _____
6. I'm very surprised = I'm taken _____

Answers at end of PDF

Useful Phrases

“What do you think of history / art / politics?”

1. I find it boring
2. It bores me
3. I feel bored whenever _____

1. I find it **boring**

Adjective: **verb + ing** = impact

I find it **boring** / **interesting** / **fascinating**

I find it _____

I find politics boring

2. It **bores** me

Noun + **verb** + person

It **bores** / **interests** / **fascinates** me

It _____ me

Politics bores me

Listening to politics bores me

Note: Noun phrases can be made from gerunds of verbs

Listening to politics bores me

Doing the laundry bores me

Baking cakes bores me

3. I feel **bored** whenever I listen to politicians

Adjective: **verb + ed** = feeling

I feel bored / interested / fascinated whenever _____

I feel _____ whenever _____

I feel excited whenever I have a live lesson

Listening Activity

1. Listen to Maya and Leo. Which statement best summarises their conversation?



<https://soundcloud.com/keithohare/boring-class>

- A.** They dislike history and want to choose a different university course.
- B.** They find one history class boring and discuss ways to stay interested.
- C.** They are worried because they haven't prepared for an important exam.

2. Listen again and complete each phrase with one word.

- 1. My mind starts to _____.
- 2. You have a short attention _____.
- 3. Even you looked bored to _____.
- 4. It might help us _____.
- 5. I lose _____ of time.
- 6. Different ways to keep ourselves _____.

Answers at end of PDF

3. Listen again, read and notice the useful phrases and collocations.

Full Script

Maya: You look exhausted. Have you just come from Professor Harris's history class?

Leo: Yes. Honestly, I **find it so boring**. He just stands at the front and reads from his slides.

Maya: I know. **It bores me too**, and **I normally find history fascinating**.

Leo: Me too! **I just feel so bored whenever** a teacher speaks for an hour without asking us any questions. After about ten minutes, **my mind starts to wander**.

Maya: That my friend, is because you **have a short attention span**.

Leo: Perhaps! **I get bored so easily** unless I'm actively doing something. But this morning, I **was a bit taken aback**...even you **looked bored to tears**.

Maya: I was! I kept looking at the clock, but time was moving incredibly slowly.

Leo: So, what can we do? We can't stop going to class.

Maya: Why don't we sit near the front next time? It might **help us concentrate**.

Leo: I'm not sure. Sitting closer won't make the lecture more interesting.

Maya: No, but we could turn it into a challenge. We could take notes using pictures instead of writing everything down.

Leo: Nice idea. **I find drawing much more interesting** than copying sentences. When I'm drawing, **I lose track of time**.

Maya: I know what you mean. I find mind maps really useful. I love organising ideas visually.

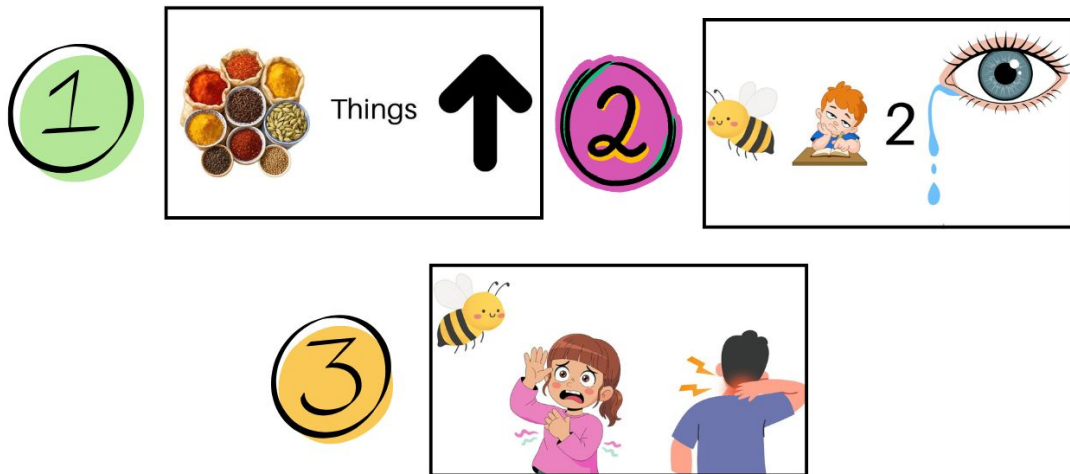
Leo: There you go. We just need to find different ways to keep ourselves occupied.

Maya: And if that doesn't work?

Leo: Strong coffee?

Maya: Now thatthrills me to bits!

Idioms



Guess the Idioms

1. _____

2. _____

3. _____

Answers at end of PDF

IELTS Speaking Model Answer

- Do you often feel bored?
- What do you do when you are bored?
- Which is more boring, childhood or adulthood?

1. Listen and watch these model answers. **What does he do when bored at home?**



[Click Here to Watch](#)

Answers at end of PDF

2. Listen and again and notice and note any interesting chunks / collocations.

Full Script

1. Do you often feel bored?

Not really. I think I'm quite good at **keeping myself occupied**.

That said, I do find reading boring.

I have **a short attention span**.

I just can't **concentrate on** written text, and **non-fiction books** in particular **bore me to tears**.

2. What do you do when you are bored?

It depends really. I can usually find ways **to entertain myself**. For example, at home, I can watch a film or play some music. If I'm at a party and I find a conversation boring, I try to **change the topic** or I will **make my excuses and leave**.

3. Which is more boring childhood or adulthood?

That's a tricky question, but I would say adulthood.

I think people, once they've been working for a long time or they've been in a marriage for a long time, they **get stuck in a rut** (=stuck in a difficult and boring situation for a long time).

They do the same thing **day in, day out (=regularly)**.

It's all very boring. It's difficult **to spice things up**.

So yeah, adulthood. I know that's a generalisation, but there you go.

Speaking Fluency Club



For B2 and C1 level students who want to improve their fluency speaking English

- 2 Live Lessons / Month
- 2 Speaking Meetings / Month
- Conversation Rooms each weekend
- Discussion Forum

\$25 / Month

Closing date to apply for October is **Sunday 4th October**

<https://keithspeakingacademy.com/speaking-fluency-club>

Kahoot

A game reviewing some of the vocabulary of this lesson.

[Click here to play the game](#)

Song

 I think it's me!

<https://suno.com/s/D28G7l3Vo4nX5DV4>

Every night, we do the same,
Same food, same old game.
She starts to talk, my mind starts to wander,
And every minute feels much longer.

Chorus

*I'm bored to death, I'm bored to tears,
Nothing new to do over here.
We need to laugh, and have fun now,
We need to spice things up somehow.
We need to spice things up somehow.
We need to spice things up somehow.*

I watch films; she complains.
She wants to go out, once again.
But I say no and check my phone,
No wonder I feel alone.

Chorus

*I'm bored to death, I'm bored to tears,
Nothing new to do over here.
We need to laugh, and have fun now,
We need to spice things up somehow.
We need to spice things up somehow.
We need to spice things up somehow.*

Then she looks at me and says,
"You never go out.
You never talk, you never try —
Perhaps the boring one's not I."
And then I start to see
She isn't boring—I think it's me
I wait for her to make life fun,
But maybe I'm the boring one.

Final Chorus

I'm bored to death, I'm bored to tears,
Nothing new to do over here.
We need to laugh, and have fun now,
We need to spice things up somehow.
I think it's me
I think it's me
I think it's me

No more excuses, no more phone,
No more sitting here at home.
I was blaming her, but I was wrong
I was the boring one all along.
Oh dear, I think it's me!
Oh no, I think it's me!
Oh yes, I think it's me!

Answers

Warm Up

Feelings: Adjectives

Answers



1. Happy **E**
2. Worried **F**
3. Sad **D**
4. Cross, angry **C**
5. Nervous **A**
6. Astonished, surprised **B**

Extreme Adjective Phrases

Answers

1. I'm very happy = I'm thrilled to **bits**
2. I'm very worried = I'm worried **sick**
3. I'm very sad = I'm down in the **dumps**
4. He was very angry = He lost his **temper**
5. She is very nervous = She is on **edge**
6. I'm very surprised = I'm taken **aback**

Notes:

I'm down in the mouth

He lost his mind

1. = He went crazy, insane

2. Idiomatically = He got very angry

She is on tenterhooks = nervous and excited

Listening Activity

1. Listen to Maya and Leo. Which statement best summarises their conversation?

Answer

B

2. Listen again and complete each phrase with one word.

Answers

1. My mind starts to **wander**.
2. You have a short attention **span**.
3. Even you looked bored to **tears**
4. It might help us **concentrate**.
5. I lose **track** of time.
6. Different ways to keep ourselves **occupied**.

Notes:

To **wander** = to walk in a relaxed way without a goal.

To wonder = to think about something.

A **span** = a period of time something happens

To **track** = to record the progress of something

Idioms

1. To spice things up

= To make something more interesting or exciting.

We could play a quick game in class to spice things up.

2. To be bored to tears

= To be extremely bored.

The lecture lasted two hours, and I was bored to tears.

3. To be scared stiff

= To be extremely frightened.

The teacher suddenly asked me to speak in front of the whole class, and I was scared stiff.

IELTS Speaking Model Answer

1. Listen and watch these model answers. **What does he do when bored at home?**

Answer

Watch a film or play some music.