

Live Lesson Notes

Olympics

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Some useful Links

Watch and read this **full lesson on the OLYMPICS** here
<https://keithspeakingacademy.com/ielts-speaking-olympics-topic-vocabulary-lesson/>

The latest **Olympic Records**

<https://www.worldathletics.org/records/by-category/olympic-games-records>

Learn more about Olympic sports

<https://olympics.com/en/sports/summer-olympics>

Watch some **great programmes** about the **Olympics**

<https://olympics.com/live/>

Learn more about Paralympics

<https://www.paralympic.org/>

Tool for **recording your voice**

<https://vocaroo.com>

Get my **online course** *IELTS Speaking Success - Get a Band 7+*

<https://keith-speaking-academy.teachable.com/p/ielts-speaking-success-get-a-band-7?src=Live>

Improve your Pronunciation for IELTS with this app - ELSA

<http://bit.ly/ElsaxEnglishSpeakingSuccess>

An exclusive offer for my students from ELSA:

<https://elsaspeak.com/inf/englishspeakinguccess/>

Click to get a complete **Mock IELTS** Test.

<https://takeielts.net/the-path-to-success-in-the-ielts-test/>

Use the CODE: **keith10** to get a 10% discount.

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IELTS Speaking Vocabulary: The Olympics

When talking about the Olympics, one of the most common verbs is

To compete (v.)

Do you know the word family of the verb 'to compete'?

Try and fill in the gaps below, and let's see!

There were a lot of _____(n.) from Italy _____(v.) in this
_____ (adj.) _____ (n.)

Answer:

There were a lot of competitors (n.) from Italy competing(v.) in this
competitive (adj.) competition (n.)

Compete (v.)

Competor (Person)

Competion (n.) *Countable* (=race, contest)

I am competing in a competition

Competion (n.) *Uncountable* (=desire to win)

There is a lot of competition to take people to the moon

Competitive (adj.)

Here are the prepositions we usually use with the verb 'to compete':

India has **competed in** Japan in the Olympics

India has **competed against** many other countries in the Olympics

When it comes to the different parts of a competition, we have the following events in order:

- The qualifying rounds OR The heats
 - The semi-final
 - The final
-
- An Olympic record = *the fastest, best in the Olympics*
 - A world record = *the fastest, best in the World*
 - A personal best = *the fastest, best ever for that athlete*

To **qualify for** the final = *to succeed in making it to the final*

To be **disqualified** = *kicked out from/of a competition for breaking the rules*

He was **disqualified** for taking drugs before the event.

A false start = *when you accidentally start running before the starting gun sounds.*

Unqualified = *not having the qualification / certificate to do it.*

Here is the vocabulary you need to talk about medals.

- To win a gold, silver, bronze medal
- She is an olympic medalist
- She is an olympian
- To make it to the podium
- The medal ceremony

IELTS Speaking Olympic Sports

Athletics (n.)

I love athletics

Athletics includes races and competitions where there is running, walking, jumping, and throwing.

- Athletics (n.)
- An athlete (Person)
- Athletic (adj.) = *sporty*

Learn more about Olympic sports here

<https://olympics.com/en/sports/summer-olympics>

What are the 6 category names of the sport / events below?

1. _____ and _____ (e.g. discus, hammer, 100m, high jump, long jump...)
2. _____ (e.g. artistic, floor, pommel horse, beam...)
3. _____ (e.g. swimming, canoe, diving...)
4. _____ (e.g. boxing, Taekwondo, wrestling, judo...)
5. _____ (e.g. volleyball, football, hockey...)
6. _____ (e.g. shooting, archery...)

Answers:

1. **Track and field** (discus, 100m, high jump, long jump...)
2. **Gymnastics** (artistic, floor, pommel horse,
3. **Water sports** (swimming, canoe, diving...)
4. **Fighting sports** (boxing, Taekwondo, wrestling, judo...)
5. **Team sports** (volleyball, football...)
6. **Individual sports** (shooting, archery...)

There are many other categories, too, such as,

Equestrian Sports - (any competitive event with a horse)

IELTS Speaking Discussion: Role of the Olympic Games

There is a lot of **controversy** about it (*=heated debate, discussion*)

They help **build** _____

They help **foster** _____

- international unity
- friendship
- understanding
- empathy

They help **bridge** _____

- the political **divide** between countries
- the **gap** between different cultures
- the **differences** between people

They **inspire** young people to

- **be the best** they can
- **excel** in their given field (*=to do very well*)
- **practice** more sport

HOWEVER

The money spent on **infrastructure** could be (stadiums, roads, hotels...)

- **better spent** on.....schools, hospitals etc...
- **put to better use**

Watch some great programmes about the Olympics

<https://olympics.com/live/>

IELTS Speaking Topic: The Paralympics

The Paralympics take place straight after the regular Olympics. They were officially founded in 1989 in Germany.

The Paralympics _____

- raise awareness of people with **disabilities** / with **impairments**
- offer disabled people the **chance to compete**
- **challenge the boundaries** set by society

To qualify for the **Paralympics**, you need an **underlying health condition**, such as:

- Visual impairment
- Impaired muscle power
- To be an amputee (*=you have lost a limb, e.g. an arm*)
- Restricted movement of joints

Learn more about the Paralympics here

<https://www.paralympic.org/>

IELTS Speaking Idioms: The Olympics

Here are some idioms you can use to talk about the Olympics and other sports events.

To be the **underdog** = *the team/ person that is not expected to win*

To be the **favourite** = *is the team/ person who is expected to win.*

Some say, Elaine Thompson **was the underdog**,
but she won the 100 meters breaking the world record!

It **blew me away** = *it was very impressive*

Her performance in the semi-final **blew me away**

She **blew** the competition **away** = *She was much better than the rest*

To **give it your best shot** = *do your best*

To **throw** someone a **curveball** = *surprise someone with a situation, problem*

When Dina Asher-Smith didn't qualify for the final,
that really **threw us a curveball**

To be **neck and neck** = *to be equal / level during a race*

They were **neck and neck** right up until the finishing line,
and then it was a photo finish.

A **nail-biting** final = *very exciting*

That was the most **nail-biting** final I have ever watched