

Keith Speaking Academy

Live Lesson Notes

Sport

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Riddle

What 4-letter word can be written forward, backward or upside down, and can still be read from left to right?

Answer: NOON

Some useful Links

A great tool to find **collocations**

<http://www.ozdic.com/collocation-dictionary/sport>

Click to get a complete **Mock IELTS** Test.

<https://takeielts.net/the-path-to-success-in-the-ielts-test/>

Use the CODE: **keith10** to get a 10% discount.

Find a teacher so you can start practicing all the language you are learning here. Practice is the key!

<https://bit.ly/IELTSSpeakingitalki>

Collect my free materials here

<https://keithspeakingacademy.com/ielts-speaking-free-live-lessons/>

Follow me on **social media**

<https://www.facebook.com/groups/KeithIELTSMastermind/>

https://www.instagram.com/keith_speaking_academy/

<https://www.youtube.com/channel/UCiVm8XcbwS8-pcDEa5IFXIA>

Essential Vocabulary



He is running

He likes to go running

He is going for a run

He is not jogging (light-paced running), he is running quickly

Go

(often used for individual sports emphasising that you 'go' somewhere to practice it).

Go running, jogging, climbing, cycling, skating, skiing, swimming

Go for a run, jog, climb, cycle, skate, swim



She is doing yoga

She is practicing yoga / pilates

She likes to do yoga

Do

(usually used for individual sports without a ball)

Do yoga, karate, judo, pilates, aerobics, tai chi, athletics, weights, weight-lifting, boxing, arm-wrestling



They are playing football

They like to play football

Play

(usually used for sports with a ball or similar and have some element of competition)

Play football, cricket, golf, tennis, baseball, basketball,

When you learn a new word, like a sport...

1) Practice **collocations**

Do pilates

2) Practice **chunks** (=short phrases)

I like to do pilates

3) Practice **juggling** (=saying the chunk in different tenses)

- *I do pilates most days*
- *Tomorrow I will do some pilates*
- *This morning I just did some pilates*

Doing Sports

To be honest, I don't do too **much sport** these days.

Notice 'sport' can be **countable**
e.g. I play lots of different sports

But 'sport' can be **uncountable** if it is more abstract and referring to sport in general.
e.g. I don't do too much sport these days.

I enjoy **strolling** (going for a stroll) on the beach,
and occasionally I even **break into a jog.**

To break into a jog = to start jogging
To break into a sweat - to start sweating

Oh yeah, I also do yoga **now and again.**

Now and again = **sometimes, now and then, from time to time**

When I was younger **though** I used to go swimming **on a regular basis,**

Though = but, however (very natural to use it here). Instead of saying 'however, when I was younger...' try saying, 'when I was younger though...')

I usually **squeezed it in** at lunchtime.

Squeeze in an activity = find time to do it

Collocations with 'sport'

<http://www.ozdic.com/collocation-dictionary/sport>

It's a **spectator** sport (=I watch it)

It's a **competitive sport**

It's a **contact sport** (=close contact and possible injury)

Other collocations....

It's a _____ sport

water, field, indoor, outdoor, extreme...

Trying a New Sport

I'd like to **have a go at** _____

I'd like to **try my hand at** _____

I'd love to **give** _____ **a go**

I'd like to **take up** _____

Some unusual sports you might like to try

Riding a penny farthing

Surfing

Paragliding

Quidditch

Underwater hockey

360 ball