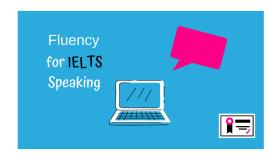
Keith Speaking Academy

Live Lesson Notes

Sport

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Riddle

What 4-letter word can be written forward, backward or upside down, and can still be read from left to right?

Answer: NOON

Some useful Links

A great tool to find **collocations**http://www.ozdic.com/collocation-dictionary/sport

Click to get a complete **Mock IELTS** Test. https://takeielts.net/the-path-to-success-in-the-ielts-test/

Use the CODE: keith10 to get a 10% discount.

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Essential Vocabulary



He is running

He likes to go running

He is going for a run

He is not jogging (light-paced running), he is running quickly

Go (often used for individual sports emphasising that you 'go' somewhere to practice it).

Go running, jogging, climbing, cycling, skating, skiing, swimming
Go for a run, jog, climb, cycle, skate, swim



She is <u>doing</u> yoga

She is practicing yoga / pilates

She likes to <u>do yoga</u>

Do (usually used for individual sports without a ball)

Do yoga, karate, judo, pilates, aerobics, tai chi, athletics, weights, weight-lifting, boxing, arm-wrestling



They are playing football

They like to pay football

Play (usually used for sports with a ball or similar and have some element of competition)

Play football, cricket, golf, tennis, baseball, basketball,

When you learn a new word, like a sport...

1) Practice collocations

Do pilates

2) Practice **chunks** (=short phrases)

I like to do pilates

- 3) Practice **juggling** (=saying the chunk in different tenses)
- I do pilates most days
- Tomorrow I will do some pilates
- This morning <u>I just did</u> some pilates

Doing Sports

To be honest, I don't do too much sport these days.

Notice 'sport' can be **countable** e.g. I play lots of different sports

But 'sport' can be **uncountable** if it is more abstract and referring to sport in general.

e.g. I don't do too much sport these days.

I enjoy **strolling** (going for a stroll) on the beach,

and occasionally I even break into a jog.

To break into a jog = to start jogging
To break into a sweat - to start sweating

Oh yeah, I also do yoga now and again.

Now and again = sometimes, now and then, from time to time

When I was younger **though** I used to go swimming **on a regular basis**,

Though = but, however (very natural to use it here). Instead of saying 'however, when I was younger...' try saying, 'when I was younger though...)

I usually **squeezed it in** at lunchtime.

Squeeze in an activity = find time to do it

Collocations with 'sport'

http://www.ozdic.com/collocation-dictionary/sport
It's a spectator sport (=I watch it)
It's a competitive sport
It's a contact sport (=close contact and possible injury)
Other collocations
It's a sport
water, field, indoor, outdoor, extreme

Trying a New Sport

I'd like to have a go at
I'd like to try my hand at
I'd love to give a go
I'd like to take up
Some unusual sports you might like to try
Riding a penny farthing
Surfing
Paragliding
Quidditch
Underwater hockey
360 ball