

Keith **Speaking** Academy

Live Lesson Notes

Helping Others And Volunteering



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THE RIDDLE

What is greater than God,
more evil than the devil,
the poor have it,
the rich need it,
and if you eat it, you'll die?

Answer: **Nothing**

Some useful Links

Click to get a complete **Mock IELTS** Test.

<https://takeielts.net/the-path-to-success-in-the-ielts-test/>

Use the CODE: **keith10** to get a 10% discount.

Find a teacher so you can start practicing all the language you are learning here. Practice is the key!

<https://bit.ly/IELTSSpeakingitalki>

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Essential Vocabulary

To help someone out

I like to **help** people **out**

To lend_a hand

To give_a hand

To lend a *helping* hand

To give a *helping* hand

To pitch in and help = join in and help

To **volunteer** is to offer your time for free, to help others.

Part 2 - Strategy

The 1 minute preparation

Get an idea quickly. Choose the first one that comes to mind that is good enough.

Don't brainstorm lots of ideas, you don't have time!

Choose one that is related to the main question, it doesn't have to be perfect.

Remember *you don't have to cover all the bullet points*

In fact you can talk about different bullet points, so long as you answer the main question.

I suggest in the 1 minute preparation, *you choose 3 blocks / topics / areas* to talk about ;

For example, with this question

Describe an experience when you volunteered to do something

3 blocks/topics/areas to talk about ***could*** be

1. What I did
2. Why
3. How I felt

Remember, before the 1 minute preparation finishes, *get your first sentence ready!*

For example,

“So, I’d like to tell you about the time I volunteered for a new project in my workplace...”

This will,

- Make a good first impression
- Build your confidence

Part 2 Question

Describe an experience when you volunteered to do something

IDEAS

Formal

Teaching abroad

Looking after the elderly

Childcare

Wildlife conservation

Community development

COVID - food for people at risk - below the poverty line - helping with the food banks

Festival volunteers (a fad / fashion in UK now)

Fun fairs

Informal

Helping out your parents at home

- Help do the washing at home

Helping a teacher in school

- Clean the classroom
- Carry books
- Wipe the blackboard

Helping a boss at work

- Lead a project (at school or work)
- Take minutes in a meeting

Sample Answer

Describe an experience when you volunteered to do something

My boss asked for a volunteer to participate in a new project.

BACKGROUND

I was living in... I was working as.. at the time

I had moved there some years earlier

My boss was looking for someone to...

I put my hand up

I agreed to lend a helping hand

WHY

I felt it would help me build professional skills

It was a good opportunity to...

I thought I could....

WHAT HAPPENED

I joined the team

I pitched in

I enjoyed it...

Why do some people volunteer?

Gain experience

Get a **sense of satisfaction**

They find **solace** in it (=comfort or peace)

Give something **back** to the community

Make a difference in people's lives

Develop new **skills**

Develop a new **skillset**

Develop professional skills

Build self-confidence, self-esteem and well-being

It provides a **sense of purpose**

It's a good way to spend a **gap year**

*(some UK students **take a year off** to travel the world and maybe volunteer abroad before they start university, or after graduation and before they start work)*

It **looks good** on your resume / C.V.

What role do charities play in your country?

Charity (n.) = an organisation

Charities are non-government organisations (N.G.O.s) set up to help people in need.

Charity (n.) = the act of voluntarily helping others often by giving money.

Some well known charities.

Click on one of these are read about their work.

It will give you a great amount of useful vocabulary, as well as a good idea or example to talk about.

Red Cross

Oxfam

World Wildlife Fund (WWF)

UNICEF

Amnesty

Save the Children

Doctors without borders

They **raise funds** (money / donations)

They put money in the right place to reach the right people

To donate (v.)

Donations (n.)

They **gather donations** to fund their work.

A donor (person)

Charities collect contributions and distribute the money to help others out.

Philanthropy (n.) - the act of helping people / giving money

This charity was **set up** to help _____

The homeless / homeless people / people without shelter

To help them **get back on their feet**

It helps people who have **fallen through the cracks** in the government system

It aims to build their self-esteem - self confidence