

# IELTS Speaking Study Plan

## One week

### Introduction:

In this 1-week Study Plan you can,

- review language and vocabulary
- learn about test format and evaluation
- do plenty of test question practice



Daily study time: **2 hours**



**Click on the links or pictures to access the resources**

Use this plan flexibly depending on your needs.

At the end of the day, you should take control of your learning.

# Contents

**Day 1:** Test Format

**Day 2:** IELTS Speaking PART 1

**Day 3:** IELTS Speaking PART 2 + Grammar

**Day 4:** IELTS Speaking Part 3 + Fluency

**Day 5:** Pronunciation

**Day 6:** Review and Mindset

## Day 1: Test Format (About 2 hours)

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- Read about the **IELTS Speaking test format** (30 mins)  
<https://keithspeakingacademy.com/ielts-speaking-test-format/>

- Watch this video about **band descriptors** and (30 mins)



- Download and read the **IELTS Speaking band descriptors** (15 mins)  
<https://keithspeakingacademy.com/how-ielts-speaking-evaluated/>

- Do this **Quiz** (Kahoot) (10 mins)  
<https://create.kahoot.it/details/0dcf4eed-bd3f-4d8b-9329-5cda73d1fc53>

- Do a mock speaking test with a qualified teacher if possible. If you don't have access to a teacher, you can **do a mock test with me on a recorded video** (30 mins)  
*Think about what you did well and badly and how you might improve.*



## Day 2: IELTS Speaking PART 1 (2 hours)

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- IELTS Speaking Part 1. Watch the **how to introduce yourself** video (35 mins)



- Read the **common introduction/warm up questions** in Part 1 and practice answering them (25 mins)  
<https://keithspeakingacademy.com/ielts-speaking-part-1/>

- Watch my **5 best tips for Part 1** (20 mins)



- Read and **get familiar with the list of topics and subtopics** (10 mins)  
<https://keithspeakingacademy.com/ielts-speaking-part-1/>

- Do a **Practice Test with Part 1 questions** (30 mins)  
*As you answer, record your answers.  
When you finish, go back and listen to your answers and see how you can improve.*  
<https://keithspeakingacademy.com/ielts-speaking-practice-tests/>

## Day 3: IELTS Speaking PART 2 ( + Grammar) (2 hours)

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- Read about **what happens in IELTS Speaking Part 2 (25 mins)**  
<https://keithspeakingacademy.com/ielts-speaking-part-2-tips-resources-techniques/>

- Watch a **Part 2 model answer (20 mins)**



- Watch **one grammar video (30 mins)**  
Choose the tense you most want to practice.  
<https://www.youtube.com/playlist?list=PLdz6EbLJcjJ9o-9ttcV-8vtRu0gdww4Tj>

- Download and read my ebook **Avoid the 10 Most Common Mistakes in IELTS Speaking (15 mins)**  
<https://keithspeakingacademy.com/sign-up-download-10-mistakes/>



- Do a **full mock practice test**, recording yourself and checking and improving your answer (30 mins)  
<https://keithspeakingacademy.com/ielts-speaking-practice-tests/>

## Day 4: IELTS Speaking Part 3 ( + Fluency) (2 hours)

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- Read about **what happens in IELTS Speaking Part 3** (30 mins)  
<https://keithspeakingacademy.com/ielts-speaking-part-3-tips/>

- Watch the **3 Easy Ways to Improve your Fluency** video (20 mins)



- Choose an **IELTS Speaking Part 3 Topic**, click on one topic title you are interested in and look at the lesson. (35 mins)  
<https://keithspeakingacademy.com/ielts-speaking-part-3-tips/>

- Practice answering** some of the questions from that lesson. Record your answers, listen back and see how you can improve. (35 mins)

# DAY 5: Pronunciation

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- Watch these ideas about **IELTS Pronunciation**

*Make a note of what you think are the most important points for you.*

*(15 mins)*



- Watch a **model answer** for each part of the test with the videos below. *As you watch, pause the video after some phrases and repeat the answer. Focus on getting your pronunciation as accurate as possible.*

- Part 1 - *(20 mins)*



- Part 2 *(20 mins)*

PART 2  
A water  
sport you  
want to try



- Part 3 *(25 mins)*



- Do a full **mock recorded practice test** *(40 mins)*  
<https://keithspeakingacademy.com/ielts-speaking-practice-tests/>

## Day 6: Review and Mindset

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- Watch this video about **controlling nerves** in the speaking test (*30 mins*)



- Do a full **mock recorded practice test** (*30 mins*)  
<https://keithspeakingacademy.com/ielts-speaking-practice-tests/>
- Go and **watch** a **film** or **TV series** in English and relax (*60 mins+*)